



STANDING TOGETHER TO END SEXUAL ASSAULT

Standing Together to End Sexual Assault (STESA) Crisis Intervention Training

Schedule:

September 5, 2023-October 28, 2023

Zoom

6:00-8:30 PM

Tuesday and Thursday

In-Person at STESA's office

9:00 AM – 2:00 PM

Saturday, September 9 and 23

Saturday, October 14 and 28

Please return your application to STESA one of the following ways:

Email: angie@sbstesa.org (In the subject line: CI Training Application)

Mail: 433 E. Canon Perdido Street, Santa Barbara, CA 93101 Attn: Program Director

Fax: (805)965-3271 Attn: Program Director

*Schedule is subject to change. STESA will inform applicants of any changes in the schedule.



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SEXUAL ASSAULT COUNSELOR TRAINING QUALIFICATIONS

Because of the nature and intensity of the training program, applicants must meet the following minimum qualifications (this is only a summary; for full qualifications please refer to Position Description):

- ✓ Applicants must be at least 16 years old when the Crisis Intervention Training begins.
- ✓ Applicants must have an interest in assisting sexual assault survivors and their significant others.
- ✓ Applicants must be willing to uphold STESA's mission statement, position papers, and philosophy.
- ✓ Applicants must be willing to participate in additional events to advance the goals of STESA.
- ✓ Reliable transportation is desirable (including a valid California driver's license and automobile insurance).
- ✓ Mobile phone or landline accessibility is desirable (to take Hotline calls from home).
- ✓ Applicants must have good communication, interpersonal skills, and an ability to work well with people from various cultures and backgrounds. (Examples: race, ethnicity, sexual orientation, gender, age, disability, socioeconomic status, etc.)
- ✓ Applicants must be able to attend all training sessions.
- ✓ Applicants must be able to attend monthly advocate meetings.
- ✓ Applicants must commit to 64 shifts (1 year and ¼ approximately) of volunteering at STESA, consisting of one 6-hour shift per week.
- ✓ Applicants **cannot** have a history of perpetrating sexual assault and/or harassment or any unresolved allegations pertaining to a sexual assault.
- ✓ Sexual assault survivors must be emotionally ready to assist other survivors and be **no less than one year past their own assault/abuse experience**.
- ✓ Applicants could not have received counseling services from STESA within the last year.
- ✓ Applicants with a history of substance abuse disorder must be clean and sober for at least one year prior to training.

I have read and understand the qualifications listed above.

Signature: _____

Date: _____



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CRISIS INTERVENTION TRAINING APPLICATION

Thank you for your interest in Crisis Intervention Training. STESA welcomes prospective volunteers from diverse backgrounds and experiences. This application is confidential.

SUBMIT APPLICATION
VIA EMAIL: angie@sbstesa.org

In-person or mail:
Standing Together to End Sexual Assault
433 E. Cañón Perdido St.
Santa Barbara, CA 93101 (Attn: Program Director)

Fax: (805) 965-3271 (Attn: Program Director)

Name: _____

Street Address: _____

City/ZIP: _____

Home Phone: _____ **Mobile Phone:** _____

Work Phone: _____ **Student:** Yes _____ No _____

Pronouns: _____ **Date of Birth:** _____

E-mail: _____ **Languages you are fluent in:** _____



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1. Why are you interested in training to become an Advocate?

2. Describe some of your educational, work, and/or lived experiences and skills that may be helpful in your work as an Advocate.

3. Are you currently or have you ever volunteered for another organization? If so, please list the organization/s, dates of volunteering, and general duties.

4. Have you ever experienced any type of sexual assault and/or are you a significant other of someone who has experienced it? If yes, when did it happen? Did you seek counseling or other support services? If so, when and for how long?



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5. In what ways do you expect to benefit from volunteering at Standing Together to End Sexual Assault?

6. Are you be willing to make a commitment for 64 shifts (1 year and $\frac{1}{4}$ approx.) to STESA? Yes No

7. Are you able to take a weekly 6-hour shift on the hotline? Yes No

8. Do you have a phone line (mobile phone or home-phone)? Yes No

9. Will you consent to a criminal background check? Yes No

10. Are there any incidents in your past where you sexually assaulted or harassed someone, or do you have any convictions for or unresolved allegations of such conduct? Yes No

If yes, please explain: _____

11. Can you commit to complete an additional 12 hours of continuing education annually? Yes No

12. Can you commit to attending the 60-hour Crisis Intervention Training? Yes No

13. Can you pay the \$75.00 training fee? Yes No (\$150 for Professional Development)

14. How did you hear about our Crisis Intervention Training? Check all that apply:

The Independent College Newspaper E-mail/Website Social Media

Radio Ad / PSA Flyer Family or Friend Speaker / Presentation Other

15. Is there anything else you would like to share with us?



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16. Please list two professional references (At least one must be professional. Please do not use family members or personal therapist as references):

Reference #1

Name:

Relationship to Applicant:

Phone:

Email:

Reference #2

Name:

Relationship to Applicant:

Phone:

Email:

The information I have provided is complete and truthful. I understand the conditions under which I will be volunteering. I understand that Standing Together to End Sexual Assault (STESA) staff reserves the right to refuse enrollment to anyone whom they believe is not suitable for the program. Participation in training does not guarantee certification as a Sexual Assault Counselor, nor does it guarantee a volunteer assignment. I understand that STESA reserves the right to decline any application for any reason and without explanation.

Signature: _____

Date: _____



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STESA's Advocate Position Requirements and Description

REQUIREMENTS

Because of the nature and intensity of the training program, applicants must meet the following minimum qualifications:

- Applicants must have an interest in assisting survivors of sexual assault and their significant others.
- Applicants must be willing to uphold STESA's mission statement, position papers, and philosophy.
- Completion of the California Office of Emergency Services (Cal OES) approved Crisis Intervention Training is necessary to work with clients.
- Applicants must have good communication and interpersonal skills and an ability to work well with people from various cultures and backgrounds.
- Applicants must be able to attend all training sessions.
- Applicants must commit to one year and 1/4 of volunteering at STESA, consisting of one 6-hour shift per week.
- Applicants must be willing to participate in additional events and trainings to advance the goals of STESA.
- Applicants must be at least 16 years old when the Crisis Intervention Training begins.
- Reliable transportation is desirable (including a valid California driver's license and automobile insurance).
- Spanish-speaking skills are desirable.
- Applicants may not have a history of perpetrating sexual assault or harassment or any unresolved allegations pertaining to a sexual assault.
- Sexual assault survivors must be emotionally ready to assist other survivors and be no less than one year past their own assault/abuse experience.
- Applicants with a history of chemical dependency must be clean and sober for at least one year prior to Crisis Intervention Training.
- Applicants must consent for, and understand, that STESA may conduct a criminal background check.



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Position Duties

- The primary duty of a STESA Advocate is to serve as advocates and crisis counselors to teen and adult survivors of sexual assault and their significant others by staffing a weekly 6-hour shift on the Hotline from your home, or from STESA's office during regular business hours. Advocates serving on the Hotline need to respond to a crisis call within 3 to 5 minutes. Advocates may be asked to arrive to an in-person crisis call within 30 minutes.
- Provide information, support, accompaniment, and advocacy to meet the medical, legal, and emotional needs to survivors of sexual assault and/or their significant others.
- Be available to do follow-up work with clients with whom you have made contact or as requested by the STESA's Crisis Intervention Team. If unavailable to work with a client, inform the appropriate Crisis Intervention team member within 24 hours after receiving a request.
- Attend monthly Advocate meetings (at least 6 in a 12-month period). Attendance at in-service trainings is mandatory to maintain Cal OES certification.
- Attend the annual Human Relations Training (this training is mandatory in order to maintain Cal OES certification)
- Complete and turn in Call Report Forms within 48 hours of contact with a client to the Crisis Intervention Coordination Team. On a monthly basis, complete and turn in Advocate shift logs to the Crisis Intervention Coordinator.
- Maintain active, open communication with Crisis Intervention Coordination Team in order to facilitate the exchange of information about clients.
- Maintain a positive working relationship with law enforcement, medical personnel and STESA staff and volunteers in order to ensure successful delivery of services to clients.

*****STESA staff reserves the right to refuse enrollment to anyone who they feel is not suitable for the program. Participation in training does not guarantee certification as a Sexual Assault Counselor, nor does it guarantee a volunteer assignment. *****